



SAPR News

March 2011

Produced By JFHQ-TN SARC

Vol. 1 Issue 2

Inside This Issue:

- Upcoming Events **Page 2**
- Program Guidance **Page 2**
- Featured Media **Page 2**
- Alerts **Page 2**
- A Message from JFHQ SARC **Page 3**
- SAAM Event Flyer **Page 4**
- Tennessee Sexual Assault Center Lookup **Pages 5-7**
- Spring Break Tips From RAINN **Pages 8-10**



2010 / 2011 Theme

“Hurts one. Affects all...Preventing Sexual Assault is everyone’s duty.”

Mission Readiness

“SARCs are responsible for providing policy, education, victim services 24/7, incident response, and data reporting and collection to prevent sexual assaults. They identify issues and develop solutions at the lowest possible level.”



Serving the members of the Tennessee Army and Air National Guard.

Upcoming Events:

SHARP Summit

27 Mar . 1 April 2011, Arlington, VA

Sexual Assault Awareness Month

April 2011

SAPR Conference

25-29 April 2011, San Diego, CA

Yellow Ribbon (Army)

14 May 2011, Smyrna (MAJ Nielsen)
15 May 2011, Nashville (MAJ Nielsen)
21 May 2011, Lenoir City (Marlene)
22 May 2011, Bristol (Marlene)
11 June 2011, Nashville (Marlene)
July 2011, Chattanooga (Marlene)
16 July 2011, Union City (Marlene)
11 July 2011, Jackson (Marlene)

VA Refresher Training

25-26 August 2011, Smyrna, TN

SAPR Program Guidance

Regulations:

Army Regulation (AR) 600-20
Air Force Policy Directive (AFPD) 36-60
Air Force Instruction (AFI) 36-6001
DoD Directive 6495.01
DoD Instruction 6495.02

NGB:

A new NGB regulation is in draft.

LOIs / Memorandums:

US Army MEDCOM 40-36

UCMJ:

Article 120
Article 125
Article 134

Other Helpful Information:

DoD SAPR
www.sapr.mil

JSS
www.jointservicessupport.org

Featured Media Alerts

Prevalence of Sexual Assault – Results of Air Force Gallup Survey

<http://www.csmonitor.com/USA/Military/2011/0317/Exclusive-1-in-5-Air-Force-women-victim-of-sexual-assault-survey-finds>

FY 10 Annual Report to Congress on Sexual Assaults

<http://www.defense.gov/Releases/Release.aspx?ReleaseID=14340>

Kay Whitley on Today Show – Sexual Assault Lawsuit

<http://today.msnbc.msn.com/id/26184891/#41596467>

A Message from the JFHQ-TN SARCs



MAJ Beth Nielsen

The JFHQ-TN SARC Team



Marlene Mansberry

About Us

MAJ Elizabeth Nielsen is a full-time member of the Army National Guard. She is the primary JFHQ-TN SARC. MAJ Nielsen also runs the Suicide Prevention Program.

B 615-313-0736

DSN 683-0736

elizabeth.nielsen@us.army.mil

Marlene Mansberry is a full-time civilian contract employee of Ruffin Consulting. Marlene is also a traditional guard member of the 134th Air Refueling Wing / Medical Squadron where she works in the Optometry Clinic.

B 615-313-0949 DSN 683-0949

marlene.m.mansberry@us.army.mil

JFHQ-TN SARC Hotline:

615-347-9372

Safe Helpline:

877-995-5247

Website:

<http://www.tnmilitary.org/SARC2.html>

Address:

3041 Sidco Drive
Nashville, TN 37204
Mott Bldg, Rm 101



On April 1, 2011, the DoD will roll out a new resource for victims. The DoD Safe Helpline. The DoD awarded a contract to the Rape, Abuse & Incest National Network (RAINN) to provide an anonymous online and telephone hotline, and texting capabilities to allow the DoD community to seek anonymous one-on-one crisis support securely.

Victims are often scared that their chain of command may become involved, or that their unit will treat them differently, so victims usually decide against seeking care. The DoD believes that this will offer victims a confidential avenue to seek help anonymously.

Once live+ (1 April 2011) users will have three ways to get support: click call, text.

CLICK: Logging on to www.SafeHelpline.org allows users to receive live one-on-one confidential help with a trained professional through secure instant-messaging format. The website also provides vital information about recovering from and reporting sexual assault.

CALL: Calling the telephone **hotline (877-995-5247)** allows users to speak with trained Safe Helpline staff for personalized advice and support. Safe Helpline staff can also transfer callers to installation-based Sexual Assault Response Coordinators (SARCs), civilian rape crisis centers or the Suicide Prevention Lifeline.

TEXT: Texting their location to **55-247 in the U.S.** and **202-470-5546 outside the U.S.** allows users to receive automated contact information for the SARC at their installation.



SEXUAL ASSAULT RESPONSE AND PREVENTION PROGRAM

ANNOUNCES:

SEXUAL ASSAULT AWARENESS MONTH

GUEST SPEAKERS

EVERYONE IS INVITED!!!

April 2, 2011

Drill Hall, JFHQ Nashville

1000-1100 and 1300-1400

S
A
A
M

2
0
1
1

1000 Hours

Jennifer Cantrell

Nashville Sexual Assault Center

Topics of Discussion:

Male on Male Sexual Assault

Trends on College Campuses
and School Age Children

1300 Hours

Patricia Young

Attorney Who Helped
Capture the "Wooded Rapist"

Topic of Discussion:

Attorney Young will talk
about her personal
experience and her part in
aiding law enforcement in
capturing the Wooded Rapist.

Tennessee Sexual Assault Crisis Centers

Check out your local Sexual Assault Centers for events they may have planned for Sexual Assault Awareness Month. Some centers may not have their events posted yet so check their website or call for updates.

Athens

The H.O.P.E. Center, Inc. PO Box 1561, 704 West Madison Ave, Athens TN 37371
Hotline: 423-745-5289 Office: 423-744-0599

No Sexual Assault Awareness Month Events planned currently.

Chattanooga

Partnership for Families, Children and Adults 300 E 8th St, Chattanooga, TN 37403
Hotline: 423-755-2700 Office: 423-755-2701
Website: www.partnershipfca.com/www

Sexual Assault Awareness Month Event
"Walk a Mile in Her Shoes"
Saturday, April 16, 2011 in Coolidge Park

Clarksville

Sexual Assault Center (SAC) 227 A Dunbar Cave Road, Clarksville, TN 37043
Hotline: 800-879-1999 Office: 9931-647-3632

No Sexual Assault Awareness Month Events planned currently.

Cleveland

Family Resource Agency / Harbor Safe House 3680 Michigan Ave Rd, NE, Cleveland, TN 37323
Hotline: 423-476-3886 Office: 423-303-3525

No Sexual Assault Awareness Month Events planned currently.

Columbia

Hope House PO Box 1961 Columbia, TN 38402
Hotline: 931-381-8580 Office: 931-840-0916 ext 100
Website: www.hopehousetn.com

Candlelight Vigil

The Candlelight Vigil will be held on the west side steps of the
Courthouse at 7 pm.

Join us in remembering and honoring victims of sexual violence. Let the
community know that together we will stop sexual assault.

Cookeville

Genesis House, Inc PO Box 1180, Cookeville, TN 38503
Hotline: 800-707-5197 Office: 931-525-1637
Website: www.geneshouseinc.com/home.asp

No Sexual Assault Awareness Month Events planned currently.

Crossville

Avalon Center Domestic Violence and Sexual Assault Program PO Box 3063 Crossville, TN
Hotline: 800-641-3434 Office: 931-456-0747
Website: www.avaloncenter.org

No Sexual Assault Awareness Month Events planned currently.

Jefferson City

Hope For Healing 153 E Broadway Blvd, #113
Hotline: 865-933-8769 Office: 865-964-6673
Website: www.hopeforhealing.org

No Sexual Assault Awareness Month Events planned currently.

Knoxville

Safe Haven 900 East hill Av, Suite 145, Knoxville, TN 37915
Hotline: 865-522-7273 Office: 865-558-9040 ext 122
Website: www.safehavencenter.org

No Sexual Assault Awareness Month Events planned currently.

Manchester

Haven of Hope, Inc.
Hotline: 800-435-7739

PO Box 1271 Manchester, TN 37349
Office: 931-728-1133

No Sexual Assault Awareness Month Events planned currently.

Memphis

Wo/Men's Resource & Rape Assistance Program WRAP
Hotline: 800-273-8712
Website: <http://wraptn.org>

62 Director's Row, Jackson TN 38305

Office Locations in Jackson, Alamo, Brownsville, Camden, Huntingdon, Lexington, Parsons, Savannah, Selmer, Trenton, Waynesboro

No Sexual Assault Awareness Month Events planned currently.

Morristown

CEASE Domestic Violence/Sexual Assault of Hamblen County PO Box 3359 Morristown, TN 37815
Hotline: 800-303-2220 Office: 423-581-7953
Website: www.lcs.net/cease/

No Sexual Assault Awareness Month Events planned currently.

Murfreesboro

Domestic Violence and Sexual Assault Program
Hotline: 615-896-2012 Office: 615-896-7377
Website: www.dvpshelter.org

826 Memorial Blvd, Suite 205 MU, 37133

Nashville

Sexual Assault Center (SAC)
Hotline: 800-879-1999
Website: <http://sacenter.org>

101 French Landing Dr, Nashville, TN 37228
Office: 615-259-9055 ext 328

"Walk In Their Shoes"

Sexual Assault Center in Nashville is hosting their "Walk In Their Shoes"
5K walk / run. Registration is at 0730 and the event begins at 0830.

Spring Break Tips

www.RAINN.org

About RAINN

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization and was named one of "America's 100 Best Charities" by *Worth* magazine. RAINN created and operates the National Sexual Assault Hotlines (800.656.HOPE and online.rainn.org) in partnership with more than 1,100 local rape crisis centers across the country. The hotlines have helped more than 1.5 million people since 1994. RAINN also carries out programs to prevent sexual assault, help victims and ensure that rapists are brought to justice.

Spring Break Tips 2011

March 3, 2011 – (Washington, DC) - RAINN (Rape, Abuse & Incest National Network), the nation's largest anti-sexual violence organization, today released valuable safety tips for spring break. Whether students are driving to the beach or traveling overseas, they should know how to identify and avoid possibly dangerous situations.

It's important for students to be aware of possible risks, and know how and where to get help if they need it, said Katherine Hull, spokesperson for RAINN. While you can't prevent a perpetrator from committing an act of sexual violence, there are some simple steps students can take to make sure their spring break is both fun and safe.

RAINN's Top Spring Break Tips:

1. Trust your instincts. If you feel unsafe in any situation, go with your gut.

2. Stick with your friends.

When you are out with your friends, arrive together, check in together and leave together. Do not wander off alone. Create a secret signal or code word with your friends to let them know you are uncomfortable and you need them to intervene. Don't be afraid to let a friend know if something is making you uneasy or if you are worried about your or your friend's safety.

3. Protect your location on Facebook, Twitter & Foursquare.

Social networking sites make it easy to stay connected with friends, but be aware about the risks associated with sharing too much information about your location; it can endanger your safety. Adjust your privacy settings and use your best judgment when checking-in on Facebook or

Foursquare. Be cautious about revealing personal information and locations through status updates or tweets with Twitter's trends like #SpringBreak and #SB2011. Be smart about meeting someone you got to know online, and always meet in a public place.

4. Make a plan.

Establish a meeting spot before going out for the night in the event you or your friends get separated. Know the address of the hotel or rental property and identify a safe way to return before you go out. If you are going somewhere on your own, tell your friends so that they know where you are, who you are with, and when they should expect you back.

5. Don't let your guard down (even though you're on vacation).

Vacationing at a spring break destination can create a false sense of security and community with your fellow spring-breakers. In reality, the vacation destination is just like any city filled with strangers; treat it as you would any unfamiliar environment. Don't assume that someone you've just met will look out for your best interests.

6. Practice safe drinking.

Don't accept drinks from people you don't know or trust. Never leave your drink unattended, and if you do lose sight of it, get a new one. Always watch your drink being prepared, and when possible try to buy drinks in bottles, which are harder to tamper with than cups or glasses. If you suspect someone has tampered with your drink, throw it out and get a new one.

7. Intervene.

Don't be afraid to intervene if a situation seems questionable. If you see someone acting aggressively, speak up. By getting involved, you could prevent someone from becoming the victim of sexual violence. You could also help prevent someone you know from committing a crime.

8. Avoid being alone or isolated with someone you don't know and trust.

If someone you don't know or trust asks you to go somewhere alone, let him or her know that you would rather stay with the group. Use any excuse you can think of to get out of a difficult situation. If you happen to find yourself alone with someone you don't know, use any reason you can to leave.

9. Be aware of your surroundings.

Check out your surroundings before you go out and learn a well-lit route back to your hotel or rental property. Avoid putting music headphones in both ears so that you can be aware of what's going on around you, especially if you are walking alone. Be alert and aware at all times.

10. Be prepared.

Always carry emergency cash and keep phone numbers for local cab companies handy. Before leaving a hotel, ask the concierge for a business card with the hotel address or write the address down if you are staying at a rental property to ensure you have the correct address. If you hail a cab, just hand them the paper so they know exactly where to take you. Have a charged cell phone with you. If your cell phone does not work outside of the country, consider renting one that does for the duration of your trip - or contacting your cell phone provider to activate international service for the duration of your trip.

Sexual violence is a crime of motive and opportunity. Unfortunately, there is no surefire way to prevent an attack. If you or someone you know is a victim of sexual violence, please know that the assault is not your fault, that you are not alone, and that help is available. Free, confidential support is available 24/7 through RAINN's [National Sexual Assault Hotline](#) or the [Online Hotline](#).

If you are traveling abroad and need immediate help, contact the [U.S. State Department](#).